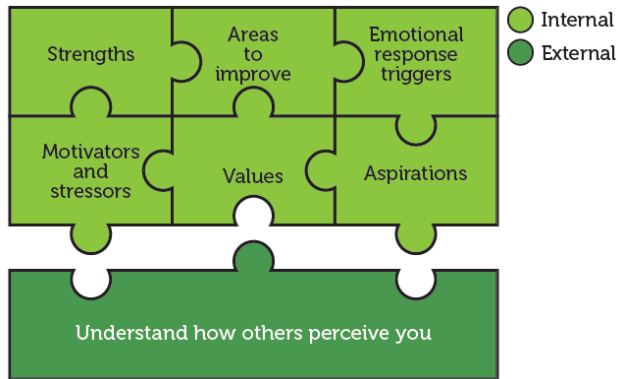


The Road to Champagne

Chapter 6 Actions: Know Yourself



Strengths

Are you clear on your strengths? What are they?

- _____
- _____
- _____

If not clear, explore assessment options and complete at least one. Which did you decide to complete? _____

Motivators

Are you clear what your motivators are? What are they?

- _____
- _____
- _____

If not clear, explore assessment options and complete at least one. Which did you decide to complete? _____?

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Chapter 6 Actions: Know Yourself



Personality

- Are you clear about your personality type? What are the key descriptors?
 - _____
 - _____
 - _____
 - _____
- Are you familiar with how to work with different personality types? _____
- If not clear, on either, explore assessment options and complete at least one. Which did you decide to complete? _____

Emotional Intelligence

- Do you know how emotionally intelligent you are, and what you can do to improve?
 - _____
 - _____
 - _____

Improvement Plan

- Define and list a few aspects you will work on improving to excel in your field. You can ask “If I strengthen this, will it better position me for growth and the next steps I envision? If I fix that, will I remove a potential anchor that can keep me achieving my next steps?”

Strengths to sharpen:

Development areas:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

- Now prioritize those items based on how impactful they are to your growth, by writing next to each its rank (1 through 5).

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Chapter 6 Actions: Know Yourself



Improvement Plan (continued)

- For the top two in each list, write down concrete actions, including completion dates:

Strength #1:

Target date

<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____

Strength #2:

<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____

Development area #1:

<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____

Development area #2:

<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____
<input type="checkbox"/>	_____	_____

- After executing the above, tackle the next strengths to sharpen and development areas.

Feedback

- Create two lists: One of people to request objective feedback from, another you will offer feedback to (confirm they are interested). Talk to them and get the ball rolling!

I will give feedback to:

I will request feedback from:

_____	_____
_____	_____
_____	_____
_____	_____