

The Road to Champagne

Chapter 4 Actions: Say Yes



- Be mindful and conscious of your response the next time an opportunity or challenge comes your way. Obviously assess it, but through the lens of speaking a yes (not looking for excuses to say no because you will easily create many).
- Specifically:
 - Jot down a brief list of what could be the potential attractive consequences of accepting the challenge or invitation (some might be unknown yet):
 - _____
 - _____
 - _____
 - _____
 - _____
 - Write down any critical reasons why you should say no (i.e., illegal, immoral, pointless distraction from a key priority, and so on):
 - _____
 - _____
 - Identify the potential extra effort required:
 - _____
 - _____
 - _____
 - _____
 - If no critical reasons exist, are the attractive consequences worth the extra effort? _____. If so, then say yes! Remember, the positive consequences won't materialize with a no.