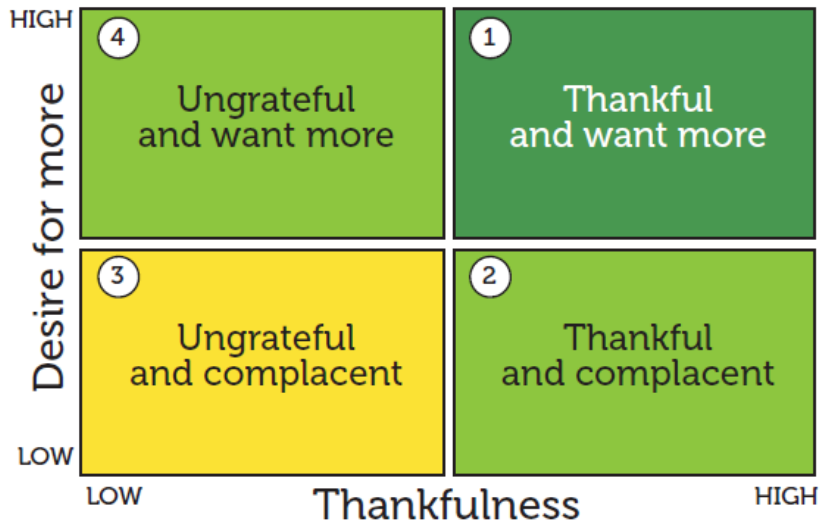


The Road to Champagne

Chapter 1 Actions: Want More



Want More Matrix



- Think about which group you fall into: I currently fall into Zone # ____
- Is change needed? In which direction (right, up, or both)? _____
- List 10 or more aspects of your career and life that you are thankful for:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

The Road to Champagne

Chapter 1 Actions: Want More



- List 3 or more aspects of your life and career that would benefit from improving (you can include aspects from the first list). What do you want more of?

- _____
- _____
- _____
- _____
- _____

- For each listed above, lay out concrete actions you will take to make that *more* a reality. Add completion dates (create new events in your calendar to be reminded).

	<u>Target date</u>
1:	
□ _____	_____
□ _____	_____
□ _____	_____
2:	
□ _____	_____
□ _____	_____
□ _____	_____
3:	
□ _____	_____
□ _____	_____
□ _____	_____
4:	
□ _____	_____
□ _____	_____
□ _____	_____
5:	
□ _____	_____
□ _____	_____
□ _____	_____

- Envision that future stage of an improved you ... realize it is achievable!